

# BREAKFAST

Served Daily until 10:30AM

## coffee, tea and juice

café vita cappuccino or latte .....	4
espresso .....	3.50
mighty leaf loose leaf teas from around the world.....	4
freshly squeezed orange & grapefruit juices.....	4.25
freshly brewed coffee.....	3.75

## quick

<b>smoked salmon</b> toasted bagel, cream cheese, cucumber, red onion, tomato and capers with fresh smoked salmon .....	13
<b>yogurt &amp; dried fruits</b> creamy non – fat yogurt, crunchy house – made granola, dried apricots cherries and golden raisins .....	8
<b>sliced fruit</b> sliced melon, pineapple and grapes .....	8
<b>continental</b> choice of either fresh baked muffin, croissant or toast and a bowl of fresh cut fruits served with coffee or tea and choice of juice.....	14
<b>slim style oatmeal</b> heart healthy oats, fresh berries & toasted nuts, side of wildflower honey.....	8
<b>selection of cereals</b> choice of milks (soy milk available on request) piece of seasonal whole fruit.....	7

## eggs

dishes are served with field greens and marscapone – thyme potato gratin

<b>steak &amp; eggs</b> grilled 6 ounce flat iron steak with two eggs any style, French fries and hollandaise.....	15
<b>eggs any style*</b> choice of apple wood smoked bacon or ham.....	12
<b>3 egg omelet*</b> choose three (additional selections add \$0.50); mushrooms, spinach, onion, tomato, chorizo, bacon, roasted peppers, Swiss cheese, cheddar cheese or goat cheese .....	12
<b>healthy garden omelet*</b> 1 whole egg, 3 egg whites with choice of vegetables & reduced fat cheese .....	11
<b>eggs benedict*</b> two poached eggs on English muffin with Canadian bacon and hollandaise.....	13
<b>frittata</b> potato and onion rustic frittata finished with manchego cheese and arugula salad .....	14
<b>refried beans</b> two fried eggs over spicy black beans with tomato, cilantro and sour cream .....	13

## more

<b>pumpkin &amp; spice pancakes</b> three large pancakes served with whipped butter .....	12
<b>business</b> two pancakes, two eggs any style, sausage or bacon, marscapone – thyme potato gratin .....	15
<b>sugar rush</b> three fudge brownie pancakes, whipped cream, chocolate sauce .....	14
<b>challah french toast</b> thick cut challah bread dipped in egg and griddled, served with whipped butter...	11
<b>pastry basket</b> a three piece basket with a choice of banana nut muffin or blueberry muffin, croissant and choice of toasts.....	6

Please advise your server of any and all food allergies prior to ordering. Items are cooked to order and consuming raw or undercooked meats and seafood increases the chance of food borne illnesses.

Parties of five or more may be on one check with a 19% service charge